

## **MWCW Retreat Sample Schedule**

### **Fri.**

3:00-4:00 pm Meet and Greet Coffee

5:00 pm Ninth Hour and Vespers

6:00-7:00 Dinner

7:00-8:00 Talk, Part 1 (in the guesthouse)

### **Sat.**

8:00 am Akathist & Hours

8:45 Divine Liturgy followed by Panikheda

11:30 Lunch

1:00-2:30pm Talk, Part 2

2:30 Break, group photo

2:45-4:00 Talk, part 3

4:00 Free time: book store or tour the church balcony

5:00 Dinner

6:00 Vigil

### **Sun.**

9:00 am Akathist & Hours

10:00 am Holy Liturgy, followed by luncheon and departure